



**Patients' Voices – The Garden City Practice
Meeting 37 – Wednesday 9 October 2019, held at Birdcroft Road clinic**

In attendance: Sarah Ellingworth, Natalie Cox, Rob Frost, Tony Baird, Janet Gibson, Martin Norman, Paula Lawrence, Colin Leeson

Apologies: Dr Archdeacon, Martin King, Sheila Wintle, Michael Beckett, Anthony Dennis

19.48 Welcome and membership

Thank you to MN for chairing the meeting.

19.49 Minutes of previous meeting

The previous minutes were approved and signed.

19.50 Matters arising

SE and NC will check the wording of 'Have you Say' fliers and send out by email – once agreed practice will print and display. MN to continue looking at linking an Instagram account to the Facebook page.

19.51 Declarations of interest

None.

19.52 Flu Clinics

JG reported that the first 2 clinics had run smoothly. JG, TB and CL had attended these, helping with registering patients and handing out information. The last 2 clinics coming up are for > 65s on 12 & 26 October. These will be attended by TB, CL & MN. The latter will start at a slightly later time of 09.30

19.53 Health Seminars

CL reported that the first of these had been successfully held and the sub-group continues to meet to discuss future events. The next event is likely to be held in conjunction with Hall Grove Practice. Dr Peter Wilson of Hall Grove is keen to implement this. Consideration will also be given to running events, with trained volunteers, at institutions such as the U3A, Rotary Clubs etc. The group identified the need to publicise the events, past and future, and perhaps run them alongside events such as Carers Week in 2020.

SE reported that a topic for future health seminars might be Dementia with a view to holding a Dementia Café. This along with the Dementia Friendly newly modified building would then enable the practice to become a member of the National and Welwyn Hatfield Dementia Action Alliance.

MN to speak with a contact about the possibility of holding a talk on mental health.

19.54 Parkrun

JG thanked all those from the group and Practice who had attended parkrun at Panshanger Park on Saturday 28 September to formally establish the Practice becoming a parkrun Practice. Members of Patients' Voices, GPs and Practice staff had volunteered, walked or run the course. Those registered are encouraged to continue to participate.

19.55 AGM consideration of date

The AGM has historically been held in February. In order to attract a wider audience the group is considering holding this in April when the days are longer.

Unless objections are raised the next meeting dates are proposed as:

Wednesday 8 January 2020

Wednesday 11 March

Wednesday 1 April - AGM

19.56 Any other business

SE asked members to continue giving feedback on the Practice via <https://www.nhs.uk/Review/LeaveReview/E82041>

Analysis of the questionnaire will also be circulated via CCG and feedback will be given at the next meeting.

MN asked if navigators would still be useful at the clinic. Patients' Voices members will attend additional flu clinics on 23 & 30 October.

19.57 Date of next meeting

Wednesday 8 January 2020 19.00

Actions

- SE/NC - Have Your Say fliers to be reviewed
- MN to look at establishing an Instagram account
- SE to make contact with team behind Dementia Cafe