



**Patients' Voices – The Garden City Practice
Meeting 35 – Wednesday 12 June 2019, held at Birdcroft Road clinic**

In attendance: Dr Archdeacon, Sarah Ellingworth, Natalie Cox, Janet Gibson, Tony Baird, Colin Leeson, Paula Lawrence, Michael Beckett, Martin Norman, Cliff Wilson, Anthony Dennis, Martin King, Louise Smith (for parkrun)

Apologies: Sheila Wintle, Rob Frost,

19.27 Welcome and membership

Dr Archdeacon welcomed all to the meeting. Introductions were made. We are pleased to welcome Rev.d Martin King and Cllr Anthony Dennis.

19.28 Minutes of previous meeting

The Minutes of the previous meeting were confirmed and signed as correct.

19.29 Matters arising

There were no matters arising. Items had been actioned or were on the agenda for discussion.

19.30 Declarations of interest

There were none.

19.31 parkrun

Louise Smith, parkrun ambassador for parkrun Practice, gave a presentation to the group of the parkrun Practice initiative and its aims. This is a joint initiative for which Practices sign up on the Royal College of General Practitioners website:

<https://r1.dotdigital-pages.com/p/49LX-52M/parkrunpractice>

The aim is to create a body of General Practice surgeries who endorse and support the parkrun aims which are to promote the health and wellbeing of staff and patients. Parkruns are free and offer, in addition to the opportunity to walk or run a course, a social community available to all. The Garden City Practice has aligned itself with Panshanger parkrun:

<https://www.parkrun.org.uk/panshanger/>

There is also a junior parkrun for ages 4-14 at King George V playing fields on Sundays:

<https://www.parkshirts.co.uk/c/events/king-george-v-welwyn-junior-parkrun-2019-06-30/>

GPs are encouraged to mention parkrun within social prescribing in addition to the aim of reducing the need for lifelong medication. Parkruns foster a community spirit and all can take part be it walking, running or volunteering. Beginners are always made very welcome.

The Practice, including staff, nurses and GPs aims to take part in one of the events in the summer, date to be confirmed. In the meantime parkruns take place weekly at 09.00 on Saturdays.

Louise Smith will meet with Sarah Ellingworth and other local GP Practice Managers to discuss the scheme locally.

19.32 New premises report

SE thanked all for their help with the move from 3 surgeries to the new clinic. All staff are very happy with the new clinic which offers first class facilities in a purpose built clinic.

SE reported on some teething problems:

1. The soundproofing between clinician rooms is being upgraded. In the meantime music is being played to ensure patient confidentiality.
2. SE has raised the question of parking with the Council which has agreed to put this to consultation. In the meantime patients should be aware of the parking that is available on the south side of Parkway and not to use Birdcroft Road which is for residents only.
3. Navigators – Patients' Voices members will continue their help with meeting and greeting patients, directing them to the correct waiting areas for GP and nurses rooms, for the next few weeks until patients are familiar with the clinic.

19.33 Cancel Out Cancer

TB reported on a meeting, which focused on Cancel Out Cancer, that he had attended. This outlined an initiative for patients to be trained by Cancer Research as volunteers to speak to local groups to raise awareness. The committee discussed who the audiences might be, for example, football clubs, Rotary groups, schools. It was agreed that SE, TB and CL would discuss further to prepare some literature and consider the possibility of an evening event at the Practice which patients, who might like to volunteer for training, could come to learn more about the initiative. CL commented that the flu clinics might be an opportunity to advise patients of these proposals.

19.34 Communication strategy

MK presented his comments on the communication and promotion of Patients' Voices to the patient body. At the moment there is limited use of the website and notice boards. A sub-group of PL, MN and MK will look into how the group might best promote its remit paying particular attention to keeping news up to date, visual design and attracting attention to the group's activities.

19.35 Any other business

There was no other business.

19.36 Next meeting

The next meeting will be on Wednesday 7 August 2019 at 19:00 at Birdcroft clinic.

Actions

- **JG to send parkrun branding to SE**
- **SE to discuss parkrun launch date with other Practices**
- **PL, MN and MK to meet to discuss communications**
- **CL, TB and SE to discuss Cancel out Cancer initiative**
- **NC to provide live Google doc for volunteer meet/greeting**